



11TH SUNDAY AFTER
PENTECOST

*Welcome to our home!
We would love for you
to join our family!*

AUGUST 4, 2024

We Gather

Processional Hymn: #559

Lead us, heavenly Father

Please stand & sing.

Opening Acclamation

Celebrant: Blessed be God, Father, Son, and Holy Spirit.

People: **And blessed be his kingdom, now and for ever. Amen.**

Collect For Purity

Celebrant: Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

Gloria in Excelsis: #S-277

Please remain standing.

Collect of the Day

Celebrant: The Lord be with you.

People: **And also with you.**

Celebrant: Let us pray. Let your continual mercy, O Lord, cleanse and defend your Church; and, because it cannot continue in safety without your help, protect and govern it always by your goodness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

We Hear God's Word

First Lesson: Exodus 16:2-4,9-15

Please be seated.

Reader: A reading from the Book of Exodus.

The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. The Israelites said to them, "If only we had died by the hand of the Lord in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger."

Then the Lord said to Moses, "I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not."

Then Moses said to Aaron, "Say to the whole congregation of the Israelites, 'Draw near to the Lord, for he has heard your complaining.'" And as Aaron spoke to the whole congregation of the Israelites, they looked toward the wilderness, and the glory of the Lord appeared in the cloud. The Lord spoke to Moses and said, "I have heard the complaining of the Israelites; say to them, 'At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the Lord your God.'"

In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. When the Israelites saw it, they said to one another, "What is it?" For they did not know what it was. Moses said to them, "It is the bread that the Lord has given you to eat."

Reader: Hear what the Spirit is saying to God's people.

Psalm 78:23-29



- All:*
- 23 **So he commanded the clouds | above * |
and opened the doors of | heaven. ||**
- 24 **He rained down manna upon them to | eat * |
and gave them grain from | heaven. ||**
- 25 **So mortals ate the bread of | angels; * |
he provided for them food | enough. ||**
- 26 **He caused the east wind to blow in the | heavens * |
and led out the south wind by his | might. ||**
- 27 **He rained down flesh upon them like | dust * |
and winged birds like the sand of the | sea. ||**
- 28 **He let it fall in the midst of their | camp * |
and round about their | dwellings. ||**
- 29 **So they ate and were well | filled, |
for he gave them what they | craved. ||**

Second Lesson: Ephesians 4:1-16

Reader: A reading from the letter to the Ephesians.

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all. But each of us was given grace according to the measure of Christ's gift. Therefore it is said, "When he ascended on high he made captivity itself a captive; he gave gifts to his people."

(When it says, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

Reader: Hear what the Spirit is saying to God's people.

Sequence Hymn: #328

Draw nigh and take
(v. 1-2 before, v. 3 after Gospel)

Please stand as you are able.

Gospel Reading: John 6:24-35

Please remain standing.

Celebrant: The Holy Gospel of Our Lord Jesus Christ according to John.

People: **Glory to you, Lord Christ.**

The next day, when the people who remained after the feeding of the five thousand saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus.

When they found him on the other side of the sea, they said to him, "Rabbi, when did you come here?" Jesus answered them, "Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal." Then they said to him, "What must we do to perform the works of God?" Jesus answered them, "This is the work of God, that you believe in him whom he has sent." So they said to him, "What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, 'He gave them bread from heaven to eat.'" Then Jesus said to them, "Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world." They said to him, "Sir, give us this bread always."

Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty."

Celebrant: The Gospel of the Lord.

People: **Praise to you, Lord Christ.**

Sermon: The Rev. Canon Betsy Randall

Please be seated.

We Pray

Nicene Creed

Please stand as you are able.

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

Prayers of the People

Please kneel, sit, or stand.

Reader: Bound together in Christ in the communion of the Holy Spirit, let us pray with one heart and mind to God our Father.

Reader: For peace from things that separate us from one another and for our salvation.

People: **Lord, have mercy.**

Reader: For the peace of the whole world, for the welfare of the holy churches of God, especially...

People: **St. Luke's, Tulsa; Espiritu Santo, Tulsa; Diocese of Arkansas; Diocese of Dallas; Province of the Episcopal Church of Sudan.**

Reader: For this holy gathering and for those who enter with faith, reverence, and fear of God.

People: **Lord, have mercy.**

Reader: We pray for...

People: **Michael, our Presiding Bishop; Sean, our Presiding Bishop Elect; Poulson, our Bishop; Tom, our clergy; Katherine & B.J., our wardens; vestry, delegates, all who minister in Christ, and for all the holy people of God. Lord, have mercy.**

Reader: For the world and its leaders, our nation and its people. We pray for our leaders, especially...

People: **Joe, our President; Kamala, our Vice-president; Josh, our Congressman; James & Markwayne, our Senators; Kevin, our Governor; and Patrick, our Mayor. Lord, have mercy.**

Reader: For prisoners, the oppressed, all those in need or suffering, especially...

People: **Johnson family, Ronnie, Mike, John, Rose, Adriana, Fred, Stuart, Nancy, Thomas, Catheryne, Jennifer, Patricia, Paula, Marlene, Alissa, Cathey, Frank, Charlie, Junior, Wesley, Ronna, Rob, Jeanne, Geneva, Glen, Jackie, Ched, Frankie, Coy, Troy, Taylor, Jan, Deborah, those impacted by war and violence, all emergency responders, United States Military, and those whose suffering is known only to God.**

Reader: We pray for those who have died, *(especially...)*

People: **Lord, have mercy.**

Reader: For ourselves, our families, and those we love. We pray for those in our parish, especially ...

People: **Larry, Sharon, Faith, Chelsea, Jackson, and Nora.**

Reader: Heavenly Father, you have promised to hear what we ask in the Name of your Son: Accept and fulfill our petitions, we pray, not as we ask in our ignorance, nor as we deserve in our sinfulness, but as you know and love us in your Son Jesus Christ our Lord. **Amen.**

Confession and Absolution

Celebrant: Let us confess our sins against God and our neighbors.

Silence is observed.

Celebrant & People: **Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

Celebrant: Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

Sanctus: #S-129

Please sit or kneel after the Sanctus.

Celebrant: † Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." † † †

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." † † †

Therefore, we proclaim the mystery of faith:

Celebrant & People: Christ has died. Christ is risen. Christ will come again.

Celebrant: We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom. All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

Lord's Prayer

Celebrant: And now, as our Savior Christ has taught us, we are bold to say,

Celebrant & People: Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Fraction Anthem

Lamb of God, you take a - way the sins of the
world: have mer - cy on us. Lamb of
God, you take a - way the sins of the world: have
mer - cy, grant, us grant us your peace. Have peace.

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Celebrant: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

At Grace Episcopal Church, all baptized persons are welcome to receive Holy Communion. Please tell the usher if you need communion brought to you at your seat. IF you wish to receive the bread only, hold your palms upward, consume the bread, and cross your arms over your chest when the chalice bearer approaches. Those who do not wish to receive Holy Communion are invited to come to the altar rail to receive a Blessing, indicate this by crossing your arms over your chest when the priest approaches.

Communion Music

Prayer of Thanksgiving

Celebrant: Let us pray.

Celebrant & People:

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

Blessing

Celebrant: And the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. **Amen.**

Recessional Hymn: #690

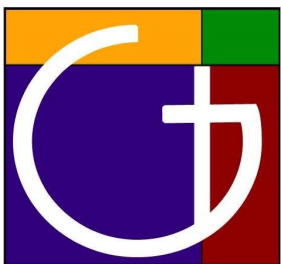
Guide me, O thou great Jehovah

Please stand & sing.

Dismissal

Celebrant: Let us go forth into the world, rejoicing in the power of the Spirit.

People: **Thanks be to God.**



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Ministers: All the People of God (BCP p. 855)

Sr. Warden: Katherine Coburn

Jr. Warden: B.J. Charbonneau

Deacon Emeritus: The Rev. Thomas A. Harrington

Organist/Choirmaster: Malcolm McGuire

Youth & Children's Director: Nancy Scott

